

Art4Health Case for Support

Prepared by

Laura King | Executive Director laura@art4health.life | + 1 415.819.8626 www.art4health.life Scientific studies show that engaging with art can change our brains and trigger a decrease in heart rate, blood pressure and muscle tension. Art can lower cortisol levels, so we're less stressed-out and our immune systems are stronger. Viewing artwork also activates our brain's reward system. Dopamine and endorphins work together to alleviate pain and stabilize our mood. Art isn't just beautiful to look at - **it's also really good medicine.**

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"Fine art is good medicine. It comforts, elevates the spirit, and affirms life and hope. Art in the healthcare setting, combined with outstanding care and service, creates an ambience that encourages healing and supports the work of medical professionals ... We set out to try and change the paradigm of what it's like to be in a healthcare setting - that in some way, it might be inviting and enriching when you come to the hospital for whatever reason, whether you're working there, a visitor, or a patient."

Learn More About Cleveland Clinic's Arts & Medicine Programs

Research from neuroscience shows that viewing art alters brain activity, stimulating emotions, memories, and ideas. Viewing art, for instance, increases activity in the default mode network, a network of brain regions engaged during introspection. The results of a study by Semir Zeki, chair in neuroaesthetics at University College London, found that when people viewed art, blood flow increased by as much as 10% to the region of the brain associated with pleasure - the equivalent of looking at a loved one. (Zeki's Research in the Book: INNER VISION: An EXPLORATION OF ART AND THE BRAIN. Oxford University Press.)



UNIVERSITY of PENNSYLVANIA Eileen Cardillo, DPhil

Thank you for giving Art4Health your consideration. When Laura King approached me to ask the same, she wanted a scientist's perspective on her program. I'd like to share those thoughts with you.

I am a cognitive neuroscientist and currently serve as the associate director of the Penn Center for Neuroaesthetics at the University of Pennsylvania. We are a multidisciplinary research group that investigates the cognitive and neural basis of aesthetic experiences, including engagement with art. Among the questions that preoccupy us are: Is art good for us? In what ways? How? Under what conditions? For whom?

These are not simple questions to tackle experimentally, and science progresses incrementally despite whatever headlines suggest. Laura approached me with the same qualities I esteem in a scientist: humility, curiosity, and a genuine desire to both understand and serve others. "Do you think Art4Health might help people?" she asked.

Yes, I told her, with the same cautious optimism with which I regard the scientific support for arts-based interventions. It is important to recognize that this line of research is still in its infancy. Public enthusiasm for the arts is high, but funding lags well behind other basic and applied research priorities. Many questions await testing. I find the evidence so far to be promising.

My commitment to supporting the noble mission of Art4Health is also personal. In 2019, I lost my father and husband to cancer, spending countless hours that year in hospital spaces and rooms. Both received the gold standard in medical care and I am deeply grateful for the exceptional expertise, warmth, and dedication of their care teams. "My personal perspective aligns with my scientific lens: that bringing art into hospital rooms has the potential to benefit caregivers and patients, a subtle but valuable complement to the critical care provided by hospital staff."

Still, the spaces we occupied varied greatly in their aesthetics, and I cannot shake the intuition that this mattered: to how we felt, how we thought, and how we navigated the difficult intervals between each series of tests, results, guidance, and treatments. Television distracted, barely. Words often felt unnecessary. We had touch and presence, but our eyes roved those impersonal in-patient rooms seeking a place to rest. We papered the walls with my children's drawings, but not all are so fortunate to have in-house artists.

My personal perspective aligns with my scientific lens: that bringing art into hospital rooms has the potential to benefit caregivers and patients, a subtle but valuable complement to the critical care provided by hospital staff. It is my sincere hope that a partnership with Art4Health persuades you of the same.

Sincerely,

Eileen Cardillo, DPhil Advisory Board Member, Art4Health



"Any pediatric nurse will tell you that diversion and distraction are the name of the game when it comes to creating a positive healthcare environment for kids. Efforts like in-room artwork, and patient care items, acknowledge that families need more from us than just medical care. Being able to leverage scientific findings to reframe art as an extension of our medical care makes so much sense to me "



In my time as a critical care pediatric nurse, and as a nurse leader at the Children's Hospital of Philadelphia, I have seen children at all stages of acute and chronic illness. Hospitalizations for any reason are a stress on the family unit, on the parents and on the child.

Children and families spend most of their hospitalization in their patient-specific room. That room becomes their home-away-fromhome, although it rarely feels homey despite our best efforts. Required medical devices, regulatory constraints, maintenance standards and budgets all pose challenges to implementing known strategies for creating a healing environment. While some new building initiatives prioritize natural light, true art is treated as a luxury and reserved for public spaces.

Art4Health's mission to improve well-being through in-room artwork speaks not only to the nurse in me, but the mother in me as well. My children and I find a wealth of opportunity for distraction in Graeme Base's intricate, detailed artwork being featured by Art4Health. It's as if the opportunities for 'I Spy', imaginary exploration, quiet wondering and impromptu storytelling never end.

Any pediatric nurse will tell you that diversion and distraction are the name of the game when it comes to creating a positive healthcare environment for kids. Efforts like in-room artwork, and patient care items, acknowledge that families need more from us than just medical care. Being able to leverage scientific findings to reframe art as an extension of our medical care makes so much sense to me and so I eagerly support Art4Health and its mission. I hope you will too.

Sincerely,

Katy Murtaugh, BSN, RN CPHQ Advisory Board Member, Art4Health

Over many years of writing and illustrating for children I have found the best way to communicate meaningfully with young minds is not to talk down to them - using simple words and pictures - but to aim over their heads with ideas and imagery that entice them to reach a little higher than they might otherwise. There is power and durability in the 'slow reveal', where layers of meaning become evident gradually rather than everything being served up on a spoon, with the child drawn back to the page curious to know if there is more yet to be discovered.

When Laura King explained the goals of Art4Health I saw a perfect match between the intent of my artwork and the needs of children who would benefit from being removed from their current surroundings by absorbing imagery that would entertain and challenge, not just momentarily, but in an ongoing way.

The overwhelming majority of images I have created for my books involve natural forms: animals, forests, vast landscapes, limitless oceans . . . worlds away from the often closed-in environments in which hospitalised children often find themselves. The beneficial effects on the mind of a focus on nature are well-documented. Blending this with fun and imagination is a good recipe for assisting children as they deal with potentially stressful situations.

I am very hopeful the goals of Art4Health can be realized and eager to do what I can to help by providing access to my illustrative works for use in this hugely worthwhile endeavour. Help us make Art4Health a reality.

Graeme Başe

Author & Illustrator



"When Laura King explained the goals of Art4Health, I saw a perfect match between the intent of my artwork and the needs of children who would benefit from being removed from their current surroundings by absorbing imagery that would entertain and challenge, not just momentarily, but in an ongoing way."



OUR MISSION | Art4Health is a nonprofit 501(c)(3) organization with the sole purpose of improving patient wellbeing through charitable donations of in-room artwork and patient comfort items.

Whether for a planned surgery, a chronic condition, or an injury, it's likely that you - or someone you love - will experience an overnight hospital stay. For most of us, a hospital room is where life begins and where life ends. Does it matter how that room is designed?

THE PROBLEM | Hospital rooms are all about preventing infection, so they're bound to feel sterile and impersonal. Hospitals disrupt our normal routines. It's a big change that can leave us feeling disoriented, lonely, or just plain uncomfortable. Pain, or the fear of pain (and concerns about the future) can also be really upsetting. Everyone's emotions are different, but being in a hospital room can bring up all kinds of feelings. If we're already anxious, stressed, or feeling down, the clinical hospital environment can actually make us feel worse.

• It wasn't always this way. In the 1800's, hospitals were designed with wide-open window spaces because the prevailing belief was that better ventilation meant better patient health. In the 1940's, the Double Pavilion plan was introduced and became popular: but at the cost of removing windows. As a result, new hospitals were designed with efficiency in mind, and not on how design impacts patients.

* American Hospital Association. (2023). Fast Facts on U.S. Hospitals, 2023. Retrieved from https://www.aha.org/statistics/fast-facts-us-hospitals

"Hospitals recognize the importance and value in applying the principles of neuroaesthetics in healthcare settings. However, current programs and policies do not fully benefit patients themselves. Why is that?"



- A study by Dr. Roger Ulrich in 1984 showed that patients with views of nature had better outcomes, including fewer complaints, less medicine use, and shorter stays than those with views of blank walls.
- The growing field of neuroaesthetics is uncovering convincing evidence that both our connection with nature - and even art that represents nature - can be harnessed for therapeutic purposes within healthcare settings. Studies have confirmed that exposure to art can offer substantial benefits leading to immediate improvements in mental and emotional well-being. These improvements translate into a strengthened immune system response, reduced levels of inflammation and blood pressure, improved pain management, enhanced treatment adherence, and an overall acceleration of the healing process.

Hospitals recognize the importance and value in applying the principles of neuroaesthetics in healthcare settings. However, current programs and policies do not fully benefit patients themselves. Why is that?

"Our mission is simple: by enriching patient environments, getting artworks and comfort care items into patient rooms, the impact of this work will be felt where it's needed most."

- For the small percentage of hospitals who have dedicated funds for the arts, those funds are primarily spent adding commissioned original artworks and installations to public spaces (including stairwells where pieces are rarely viewed). Placing artworks in individual patient rooms, where an enriched environment is most needed, is virtually non-existent.
- Patient Preference Items (PPI) or Patient Comfort Care Items (PCI) are the **products patients use and touch during their stay and can often take with them post-discharge**. If available, these patient giveaways do little to enrich patient environments. Instead, by their low-quality and bland appearance, current hospital patient comfort items contribute to an impoverished institutional space.

THE SOLUTION | Our solutions are first and foremost patient-centered.

- Our mission is simple: by enriching patient environments, getting artworks and comfort care items into patient rooms, the impact of this work will be felt where it's needed most.
- Patient Comfort Items (PCI) are opportunities to supply a sense of warmth and familiarity to a patient during their hospital stay. Art4health applies all our expertise in the retail museum space to transform common patient care items into powerful tools to relieve unnecessary stress and anxiety iwith the purpose of facilitating better health outcomes.

Art4Health was originally imagined as a cost effective, evidence-based solution for adult patients. In an extraordinary display of generosity, Art4Health has received a priceless gift from internationally acclaimed illustrator and author Graeme Base.

- Mr. Base's masterpieces form the bedrock of Art4Health initiatives in pediatric medical facilities.
- Thanks to this exceptional donation, Art4Health's mission will be exclusively sharing Graeme Base's work with over 200 children's hospitals throughout 2024-2025. While it's a substantial undertaking, we will achieve this goal with your invaluable support!



HOW WE CAME TO EXIST My name is Laura King. Our project began unexpectedly when a dear friend of mine, Judy, experienced a life-altering accident. She took a tragic fall down a steep flight of stairs, resulting in a severely crushed leg. She was hospitalized, but surgery was delayed because of inflammation. My friend, artistic and sensitive to her environment, fell into a profound state of depression. Not because of her physical condition, but because of her hospital room surroundings.

Eventually Judy was released to our care with the stipulation her leg remain elevated. She was in excruciating pain but preferred suffering physically in our home (where we couldn't manage her pain effectively) - than suffer emotionally in the hospital. My focus was her comfort (lots of tasty meals) and reducing her anxiety. I have a large, framed print of Van Gogh's 'Acacia' and hung it next to the recliner where she spent her days and slept. We both felt its calming influence. It got me thinking . . .

And that's when I fell down the rabbit hole of neuroaesthetics where one book led to another, which led to studies and countless articles, and to an idea that is simple enough but powerful in its simplicity: **ART IS GOOD MEDICINE**.

I took the next step and reached out to the scientists whose books and studies I had been consumed with. I asked the question: "Am I understanding your research correctly? Do you believe a simple solution like Art4Health can make a difference in the wellbeing of hospitalized patients?" I was surprised by their response. I had the privilege of sharing my story with a neuroscientist, a pediatric nurse, an IT expert and a CPA. As a result, they have graciously joined our board, bringing their unique expertise to our cause. I've asked myself why my story, and the mission of Art4Health, has resonated so strongly and moved so many to action. My hope is that you will have your own compelling reasons to join us and become a founding Partner-In-Health.

OUR TEAM

Laura King | ED & Board Chair, with a background in educational software development and art education, is also a seasoned art design and product development specialist with over two decades of experience. Her technical and creative problem-solving skills have been applied to numerous customer projects, earning her the trust of clients including: The Metropolitan Museum of Art, The National Gallery, Smithsonian Museums, American Museum of Natural History, and The National Archives in D.C. With a proven track record, Laura excels in collaborating with artistic, manufacturing, and administrative leadership to achieve exceptional results within budget and on schedule.

Eileen Cardillo | Secretary, is a cognitive neuroscientist and Associate Director of the Penn Center for Neuroaesthetics. She received her B.S. in Biological Psychology at the College of William and Mary and her doctorate in Experimental Psychology while a Rhodes Scholar at the University of Oxford. Eileen served as the Patient Coordinator of the Focal Lesion Database and her research investigates the cognitive and neural mechanisms supporting language comprehension, with a particular focus on metaphor and neuropsychological studies of patient populations. Other areas of interest include verbal creativity, aesthetic preference, and the cognitive and neural changes associated with contemplative practice.

Leila Ruzicka | Treasurer, is a Certified Public Accountant and has served in Assurance and Risk Advisory Services at BDO USA, LLP, where she coordinated audit programs, and ensured compliance with GAAP and SOX 404 requirements. As Accounting Supervisor at Moody's Corporation, Leila supervised staff and was responsible for various accounting procedures, including internal controls, SEC reporting, and analyses of domestic and global consolidated financial statements. In her current role as a Manager at Deloitte Risk & Financial Advisory, Leila is recognized as a subject matter expert in FASB standards, finance transformations, policy documentation and accounting system implementations which aims to enhance transparency and accountability in financial reporting.

Katy Murtaugh | Board Member, is a critical care pediatric nurse at the Children's Hospital of Philadelphia (CHOP). Katy currently serves in a leadership role as a central-line infection safety-quality specialist. She monitors data, enforces protocol adherence, leads education initiatives, collaborates on healthcare teams, investigates outbreaks, and contributes to policy development to enhance patient safety and healthcare quality at CHOP.

Meagen Lane | Board Member, is an outdoors and adventure enthusiast who serves as Director of Data Management for Wakefield & Associates. Additionally, she is an Adventure Coach for the Project Athena Foundation, a non-profit organization dedicated to assisting survivors of medical and traumatic challenges in achieving their athletic and adventure goals.

In an extraordinary display of generosity, Art4Health has received a priceless gift from internationally acclaimed illustrator and author Graeme Base. His masterpieces form the bedrock of Art4Health initiatives in pediatric medical facilities. Thanks to this exceptional donation Art4Health will be exclusively sharing his work with over 200 children's hospitals throughout 2024-2025. While it's a substantial undertaking, we will achieve this goal with Gondolopes by Graham Base GALLERY FINISHED ART PRINTS FOR EACH NON-ICU Transform hospital rooms into kid-friendly environments with these large-scale, museum quality artworks. A standard criterion in selecting art for pediatric settings includes: 1) art that's realistic but engaging, 2) appeals to different age groups, and 3) reflects themes of nature or animals.

After carefully assessing numerous illustrators, a singular artist emerged as exceptional: Graeme Base. Mr. Base's work resonates perfectly with Art4Health objectives. With a substantial portfolio of illustrations dating back to his first book published in 1983, Mr. Base has donated his collection to support its therapeutic potential, and inspire the imagination of generations of young patients.

Art prints are finished using ChromaLuxe products. ChromaLuxe is a nonporous solution that beautifully and effectively resists contaminants and germs. ChromaLuxe prints can withstand disinfectant sprays without damage, and maintain vibrant colors and detail over a lifetime of use. ChromaLuxe is more cost-effective when compared to other framing materials. PATIENT COMFORT ITEMS FOR EACH IN-PATIENT Our approach to patient comfort items is to contribute modest environmental enhancements that soften and calm, and can be taken home postdischarge. Intended to complement and amplify the benefits of Art4Health's inroom art print program, Art4Health's cozy organic cotton fleece blankets, (OEKO-TEK ® Certified Standard 100) and pillowcases decorated with Mr. Base's artworks, infuse added warmth into hospital settings.



ChromaLuxe nonporous, vibrant, gallery finished, large scale art prints.

Graeme Base exclusive Art4Health cozy blankets and pillowcases. Organic OEKO-TEX® Certified Standard 100.

BECOME A PARTNER-IN-HEALTH AND SUPPORT

your local hospital, 2) a hospital you're already sponsoring or 3) choose from a list of available-to-be-adopted children's hospitals nationwide. From small, rural medical centers with 15 staffed beds, to large institutions of 600+, there's a children's hospital that perfectly aligns with your philanthropic goals. Create a legacy of Art4Health for yourself, your loved ones and your community.



1/ADOPT A HOSPITAL Designate three potential recipients of your support. If you are already aligned with an institution, wish to support a hospital local to your headquarters, or have a reason that a facility is special to you in any way, share that information with us. If not, choose 3 hospitals from the following list indicating a first, second and third choice.

2/WE MAKE THE MATCH Once a match is established, you will receive an institution specific donation proposal covering the one-time cost of artwork, and the annual expenses for patient comfort items.*

3/MISSION ACCOMPLISHED Instant gratification isn't a common feature in the nonprofit world when admirable goals include housing the homeless, feeding the hungry, saving the endangered and ending global conflicts. Art4Health's mission is straightforward and readily accomplished within 60-90 days from the time of funding.

* Art4health is dedicated to providing our partners with full transparency regarding how your valuable assets are spent. 90% of all funds go directly to the purchase of Art4Health program donations. The remaining 10% is set aside as restricted funds for the following uses: 2.5%, administration costs; 2.5% research into the efficacy of Art4Health programs; 2.5% to fund unmatched hospitals; and 2.5% to support Art4Health events and donor appreciation.

what partners receive



WHAT PARTNERS-IN-HEALTH RECEIVE FOR THEIR SUPPORT | Beyond making possible a legacy-building, public-facing program that will profoundly impact the lives of generations of young patients and their families, there are additional benefits to becoming a Partner-In-Health:

BRANDING OPPORTUNITIES

- Witness your impact celebrated at every turn: with sizable plaques installed at each hospital floor entrance that honor your generous contributions.
- Every Patient Comfort Item carries your logo (and optional message): serving as a tangible reminder of your brand's dedication to enhancing patientwellbeingduringtheirhospital stay, and will be remembered and shared with others post-discharge.

PARTNERS ALSO RECEIVE

- The use of the Art4Health brain logo, identifying you as an A4H partner.
- Signed, large scale limited edition Graeme Base museum quality framed prints for you to display.
- A staffed Instagram account sharing the accomplishments of your Art4Health program and individual expressions of young patients and their families.

Hospital	Beds	Cost Art	In-Patients	Cost PCK		
Alabama						
Children's of Alabama, Birmingham	351	\$52,650	16,074	\$458,109		
USA Children's and Women's Hospital, Mobile	249	\$37,350	9,301	\$265,079		
Alaska						
Providence Alaska Children's Hospital, Anchorage	17	\$2,550	500	\$14,250		
Arkansas						
Arkansas Children's Hospital, Little Rock	336	\$50,400	13,388	\$381,558		
Arkansas Children's Northwest, Springdale	24	\$3,600	2,173	\$61,931		
Arizona						
Banner Children's at Desert, Mesa	108	\$16,200	4,324	\$123,234		
Phoenix Children's Hospital, Phoenix	352	\$52,800	15,406	\$439,071		
California						
Children's Hospital Los Angeles, Los Angeles	413	\$61,950	17,501	\$498,779		
Children's Hospital of Orange County, Mission Viejo	54	\$8,100	1,144	\$32,604		
Children's Hospital of Orange County, Orange	334	\$50,100	10,664	\$303,924		
Community Regional Medical Center, Fresno	18	\$2,700	2,906	\$82,821		
Healthbridge Children's Hospital	27	\$4,050	105	\$2,993		
Loma Linda University Children's Hospital, Loma Linda	343	\$51,450	13,706	\$390,621		
Lucile Packard Children's Hospital at Stanford, Palo Alto	394	\$59,100	13,720	\$391,020		
Miller Children's Hospital, Long Beach	357	\$53,550	13,098	\$373,293		
Rady Children's Hospital, San Diego	425	\$63,750	17,737	\$505,505		
Shriners Children's, Sacramento	60	\$9,000	825	\$23,513		
UCSF Benioff Children's Hospital Oakland	190	\$28,500	7,373	\$210,131		
Valley Children's Hospital, Madera	358	\$53,700	19,482	\$555,237		
Colorado						
Anschutz Children's Hospital Colorado, Aurora	486	\$72,900	17,152	\$488,832		
Memorial Hospital for Children, Colorado Springs	124	\$18,600	4,106	\$117,021		
Connecticut						
Connecticut Children's Medical Center, Hartford	185	\$27,750	5,685	\$162,023		
Yale-New Haven Children's Hospital, New Haven	208	\$31,200	8,000	\$228,000		

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Delaware						
Nemours Children's Hospital	210	\$31,500	7,342	\$209,247		
District of Columbia						
Children's National Medical Center, Washington, D.C.	323	\$48,450	14,065	\$400,853		
The HSC Pediatric Center	40	\$6,000	174	\$4,959		
Florida						
Johns Hopkins All Children's Hospital, Inc., St. Petersburg	259	\$38,850	5,088	\$145,008		
Nemours Children's Health Care System, Orlando	108	\$16,200	3,070	\$87,495		
Nicklaus Children's Hospital, Miami	281	\$42,150	21,249	\$605,597		
Shriners Hospitals for Children -Tampa	60	\$9,000	498	\$14,193		
Georgia						
Children's Healthcare of Atlanta, Atlanta	496	\$74,400	25,813	\$735,671		
Hawaii						
Kapi'olani Medical Center for Women & Children, Honolulu	253	\$37,950	9,965	\$284,003		
Shriners Hospital for Children, Honolulu	16	\$2,400	455	\$12,968		
Illinois						
Ann and Robert H. Lurie Children's Hospital of Chicago, Chicago	364	\$54,600	9,645	\$274,883		
La Rabida Children's Hospital, Chicago	30	\$4,500	261	\$7,439		
Shriners Hospitals for Children, Chicago	36	\$5,400	806	\$22,971		
lindiana						
Riley Hospital for Children, Indianapolis	456	\$68,400	17,960	\$511,860		
Kansas						
Children's Mercy South, Overland Park	11	\$1,650	526	\$14,991		
Kentucky						
Norton Children's Hospital, Louisville	267	\$40,050	9,429	\$268,727		
Louisiana						
Children's Hospital of New Orleans, New Orleans	226	\$33,900	7,460	\$212,610		
Maryland						
Mt. Washington Pediatric Hospital, Baltimore	61	\$9,150	1,496	\$42,636		
Massachusetts						
Boston Children's Hospital, Boston	425	\$63,750	12,442	\$354,597		

Shriners Hospital for Children, Boston	9	\$1,350	91	\$2,594		
Shriners Hospital for Children, Springfield	10	\$1,500	79	\$2,252		
Michigan						
Children's Hospital of Michigan, Detroit	227	\$34,050	9,387	\$267,530		
Minnesota						
Children's Minnesota, Minneapolis	429	\$64,350	13,930	\$397,005		
Gillette Children's Specialty Healthcare, St. Paul	55	\$8,250	2,011	\$57,314		
Mississippi						
Blair E. Batson Hospital for Children, University of Mississippi, Jackson	250	\$37,500	9,000	\$256,500		
Missouri						
Cardinal Glennon Children's Hospital, St. Louis	176	\$26,400	6,012	\$171,342		
Ranken Jordan Pediatric Bridge Hospital, Maryland Heights	60	\$9,000	271	\$7,724		
Shriners Hospitals for Children, St. Louis	12	\$1,800	190	\$5,415		
St. Louis Children's Hospital, St. Louis	349	\$52,350	10,024	\$285,684		
Montana	1					
Shodair Children's Hospital	74	\$11,100	946	\$26,961		
Nebraska						
Children's Hospital and Medical Center, Omaha	167	\$25,050	4,142	\$118,047		
New Jersey						
Children's Specialized Hospital, New Brunswick	140	\$21,000	602	\$17,157		
New York						
Blythedale Children's Hospital, Valhalla	92	\$13,800	326	\$9,291		
Golisano Children's Hospital at University of Rochester, Rochester	124	\$18,600	1,000	\$28,500		
North Carolina						
NC Children's Hospital, Chapel Hill	150	\$22,500	6,500	\$185,250		
Ohio						
Akron Children's Hospital, Akron	466	\$69,900	9,363	\$266,846		
Cleveland Clinic Children's Hospital Rehabilitation Center, Cleveland	654	\$98,100	16,586	\$472,701		
Nationwide Children's Hospital, Columbus	661	\$99,150	16,440	\$468,540		
Rainbow Babies & Children's Hospital, Cleveland	190	\$28,500	7,976	\$227,316		
Shriners Hospital for Children, Dayton	30	\$4,500	649	\$18,497		

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Oregon						
Shriners Hospital for Children, Portland	12	\$1,800	273	\$7,781		
Pennsylvania						
Children's Hospital of Philadelphia, Philadelphia	591	\$88,650	24,500	\$698,250		
Shriners Hospital for Children, Philadelphia	39	\$5,850	444	\$12,654		
UPMC Children's Hospital of Pittsburgh	303	\$45,450	11,506	\$327,921		
PR						
San Jorge Children's and Women Hospital	167	\$25,050	5,616	\$160,056		
University Pediatric Hospital	145	\$21,750	3,892	\$110,922		
South Carolina						
Shriners Hospitals for Children, Greenville	15	\$2,250	235	\$6,698		
Tennessee						
East Tennessee Children's Hospital, Knoxville	152	\$22,800	5,088	\$145,008		
St. Jude Children's Research Hospital, Memphis	62	\$9,300	3,236	\$92,226		
Texas						
Children's Medical Center Dallas, Dallas	377	\$56,550	12,094	\$344,679		
Children's Medical Center, Plano	72	\$10,800	3,486	\$99,351		
Covenant Children's Hospital, Lubbock	211	\$31,650	5,039	\$143,612		
Christus Children's, San Antonio	220	\$33,000	4,523	\$128,906		
Dell Children's Medical Center, Austin	240	\$36,000	6,372	\$181,602		
Driscoll Children's Hospital, Corpus Christi	162	\$24,300	2,836	\$80,826		
El Paso Children's Hospital, El Paso	52	\$7,800	2,942	\$83,847		
Nexus Children's Hospital Houston	61	\$9,150	163	\$4,646		
Shriners Hospital for Children, Galveston	30	\$4,500	377	\$10,745		
Texas Children's Hospital, Houston	861	\$129,150	29,122	\$829,977		
Utah						
Primary Children's Hospital, Salt Lake City	287	\$43,050	12,518	\$356,763		
Shriners Hospital for Children, Salt Lake City	12	\$1,800	194	\$5,529		
Virginia						
Children's Hospital Of Richmond at VCU, Richmond	36	\$5,400	439	\$12,512		
Children's Hospital of The King's Daughters, Norfolk	185	\$27,750	4,378	\$124,773		

Washington					
Mary Bridge Children's Hospital, Tacoma	82	\$12,300	3,592	\$102,372	
Sacred Heart Children's Hospital, Spokane	665	\$99,750	25,631	\$730,484	
Seattle Children's Hospital, Seattle	316	\$47,400	9,823	\$279,956	
Shriners Hospital for Children, Spokane	30	\$4,500	177	\$5,045	
Wisconsin					
Children's Hospital of Wisconsin, Wauwatosa	203	\$30,450	9,130	\$260,205	
Children's Hospital of Wisconsin-Fox Valley, Neenah	17	\$2,550	527	\$15,020	

There is an abundance of systematic research supporting the value of art in healthcare environments. We're fortunate to have two recent 'scoping reviews' (assessments of existing research) both completed in 2021 that investigate how visual art affects the well-being of children and adults.

Visual Arts in Children's Hospitals: Scoping Review concludes: "Taken together, the works we analyzed in our study support the use of visual arts in hospitals as a resource to enhance the wellbeing of children and families and their experience in the hospital. We indicate two particularly relevant aspects in this sense: the importance of the visual arts in improving the symbolic quality of hospitalization settings and the communication processes that occur in these environments."

Art as Contextual Element in Improving Hospital Patients' Well-Being: A Scoping Review provides evidence "of the positive effects of art on patient outcomes in a hospital context. It is concluded that artworks can positively affect the mood of patients and offer them means to better cope with mental and physical health conditions."

- Ullán AM, Belver MH. Visual Arts in Children's Hospitals: Scoping Review. HERD: Health Environments Research & Design Journal. 2021;14(4):339-367.

- Timonen Kristina, Timonen Tero. (2021) Art as Contextual Element in Improving Hospital Patients' Well-Being: A Scoping Review. Journal of Applied Arts & Health, 12 (2), 177.

We're pleased to share a selection of resources included in the aforementioned reviews:

REGARDING CHILDREN

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